WHAT IS CLAIMED IS:

A method for inhibiting the adherence of lymphocytes to endothelial cells comprising exposing the lymphocytes to an effective amount of an antibody, or a fragment or derivative thereof, that binds to $\alpha 4\beta 1$.

- 2. The method of claim 1 in which the antibody is a monoclonal antibody.
- 3. The method of claim 2 in which the antibody is P4C2, deposited with the ATCC and having the accession number HB10215.
 - 4. The method of claim 1 in which the antibody binds to β 1.
- 5. The method of claim 4 in which the antibody is P4C10, deposited with the ATCC and having the accession number HB10214.
- 6. A method for inhibiting the adherence of lymphocytes to endothelial cells comprising exposing the lymphocytes to an effective amount of a peptide that binds to $\alpha 4\beta 1$, wherein the peptide comprises at least a portion of the CS-1 region of fibronectin, or a derivative thereof.
- 7. The method of claim 6 in which the peptide is conjugated to an antibody targeted toward endothelial cells.
- 8. The method according to claim 6 in which the peptide comprises at least a portion of the sequence EILDVPST.
- 9. The method according to claim 6 in which the peptide comprises at least a portion of the sequence EILDV.
- 10. The method according to claim 6 in which the peptide comprises at least a portion of the sequence LDVPST.
- 11. The method according to claim 6 in which the peptide comprises at least a portion of the sequence LVD.

- 12. An antibody, antibody fragment or derivative thereof which may be used to inhibit the adherence of lymphocytes to endothelial cells.
- 13. An antibody, fragment, or derivative according to claim 12 which binds to the $\alpha 4\beta 1$ receptor.
 - 14. The antibody of claim 12 which is a monoclonal antibody.
- 15. The antibody of claim 14 which is P4C2, produced by the hybridoma deposited with the ATCC and having the accession number HB10415.
- 16. The antibody of claim 14 which is P4C10, produced by the hybridoma deposited with the ATCC and having the accession number HB10214.
- 17. An antibody, fragment or derivative thereof which recognizes an epitope defined by monoclonal antibody P4C2.
- 18. The antibody, fragment or derivative of claim 17, which competitively inhibits the binding of monoclonal antibody P4C2.
- 19. An antibody, fragment or derivative which recognizes an epitope defined by monoclonal antibody P4C10.
- 20. The antibody, fragment or derivative of claim 19, which competitively inhibits the binding of monoclonal antibody P4C10.
- 21. A pharmaceutical composition comprising an effective concentration of antibody, antibody fragment, or derivative thereof, which inhibits the adherence of an extracellular matrix receptor on lymphocytes to endothelial cells in a pharmacologically suitable carrier.
- 22. The pharmaceutical composition of claim 21 in which the antibody, fragment, or derivative binds to $\alpha 4\beta 1$ receptor.

- 23. The pharmaceutical composition of claim 22 in which the antibody is a monoclonal antibody.
- 24. The pharmaceutical composition of claim 23 in which the antibody is P4C2, produced by the hybridoma deposited with the ATCC and having the accession number HB10215.
- 25. The pharmaceutical composition of claim 23 in which the antibody is P4C10, produced by the hybridoma deposited with the ATCC and having the accession number HB10214.
- 26. A pharmaceutical composition comprising an effective concentration of a peptide which binds to $\alpha 4\beta 1$ and which inhibits the adherence of lymphocytes to endothelial cells, in a pharmacologically suitable carrier, wherein the peptide comprises at least a portion of the CS-1 region of fibronectin, or a derivative thereof.
- 27. The pharmaceutical composition of claim 26 in which the peptide binds to $\alpha 4\beta 1$.
- 28. The pharmaceutical composition of claim 26 in which the peptide comprises the sequence EILDVPST.
- 29. The pharmaceutical composition of claim 26 in which the peptide comprises the sequence EILDV.
- 30. The pharmaceutical composition of claim 26 in which the peptide comprises the sequence LDVPST.
- 31. The pharmaceutical composition of claim 26 in which the peptide comprises the sequence LDV.
- 32. A method of preventing lymphocyte migration into tissues comprising administering an effective amount of an antibody, or a fragment or derivative thereof, which prevents the adhesion of lymphocytes to endothelial cells via an extracellular matrix receptor to a subject in need of such treatment.

33. The method of claim 32 in which the antibody, fragment, or derivative binds to $\alpha 4\beta 1$.

The method of claim 33 in which the antibody is a monoclonal antibody.

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8.35. The method of claim 34 in which the antibody is P4C2, deposited with the ATCC and having the accession number HB10215.

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- The method of claim 34 in which the antibody is P4C10, deposited with the ATCC and having the accession number HB10214.
- 37. A method of preventing lymphocyte migration into tissues comprising administering an effective amount of a peptide binding to $\alpha 4\beta 1$ in a pharmacologically suitable carrier, which prevents lymphocyte adhesion to endothelial cells to a subject in need of such treatment, wherein the peptide comprises at least a portion of the CS-1 region of fibronectin, or a derivative thereof.
- 38. The method according to claim 37 in which the peptide comprises the sequence EILDVPST.
- 39. The method according to claim 37 in which the peptide comprises the sequence EILDV.
- 40. The method according to claim 37 in which the peptide comprises the sequence LDVPST.
- 41. The method according to claim 37 in which the peptide comprises the sequence LDV.
- 42. A method of inhibiting the adherence of cells expressing $\alpha 4\beta 1$ to a cell or extracellular matrix comprising a ligand for $\alpha 4\beta 1$, comprising the step of exposing the cells expressing $\alpha 4\beta 1$ to a peptide that binds to $\alpha 4\beta 1$, wherein the

peptide comprises at least a portion of the CS-1 region of fibronectin, or a derivative thereof.

- 43. The method of claim 42, wherein the cell comprising a ligand for $\alpha 4\beta 1$ is an activated endothelial cell.
- 44. The method of claim 43, wherein the cell comprising a ligand for $\alpha 4\beta 1$ is an IL-1 β activated endothelial cell.
- 45. The method of claim 42, wherein the peptide comprises the sequence EILDVPST.
- 46. The method of claim 42, wherein the peptide comprises the sequence EILDVP.
- 47. The method of claim 42, wherein the peptide comprises the sequence LDVPST.
- 48. The method of claim 42, wherein the peptide comprises the sequence LDV.
- 49. A pharmaceutical composition comprising an effective concentration of a peptide that binds to $\alpha 4\beta 1$ and that inhibits the adherence of cells expressing $\alpha 4\beta 1$ to a cell or extracellular matrix comprising a ligand for $\alpha 4\beta 1$, wherein the peptide comprises at least a portion of the CS 1 fragment of fibronectin, or a derivative thereof.
- 50. The method of claim 49, wherein the cell comprising a ligand for $\alpha 4\beta 1$ is an endothelial cell.
- 51. The method of claim 50, wherein the cell comprising a ligand for $\alpha 4\beta 1$ is an IL-1 β endothelial cell.
- 52. The method of claim 49, wherein the peptide comprises the sequence EILDVPST.

- 53. The method of claim 49, wherein the peptide comprises the sequence EILDVP.
- 54. The method of claim 49, wherein the peptide comprises the sequence LDVPST.
- 55. The method of claim 49, wherein the peptide comprises the sequence LDV.
- 56. A method of preventing migration of cells expressing $\alpha 4\beta 1$ into tissues, comprising the step of administering an effective amount of a peptide binding to $\alpha 4\beta 1$ in a pharmaceutically suitable carrier, which prevents adhesion of cells expressing $\alpha 4\beta 1$ to a cell or extracellular matrix comprising a ligand for $\alpha 4\beta 1$, to a subject in need of such treatment, wherein the peptide comprises at least a portion of the CS-1 region of fibronectin, or a derivative thereof.
- 57. The method of claim 56, wherein the cell comprising a ligand for $\alpha 4\beta 1$ is an endothelial cell.
- 58. The method of claim 57, wherein the cell comprising a ligand for $\alpha 4\beta 1$ is an activated endothelial cell.
- 59. The method of claim 58, wherein the cell comprising a ligand for $\alpha 4\beta 1$ is an IL-1 β activated endothelial cell.
- 60. The method of claim 56, wherein the peptide comprises the sequence EILDVPST.
- 61. The method of claim 56, wherein the peptide comprises the sequence EILDV.
- 62. The method of claim 56, wherein the peptide comprises the sequence LDVPST.
- 63. The method of claim 56, wherein the peptide comprises the sequence LDV.